

Subject: Awareness regarding SOPs for Gastroenteritis.

CIRCULAR

There has been an outbreak of gastroenteritis in certain areas of Kashmir division. In order to prevent further spread of the disease, it is imperative to make the public aware of the various Standard Operating Procedures (SOPs) to be followed.

In this regard, all Chief Medical Officers, Medical Superintendents, and Block Medical Officers are impressed upon to undertake extensive awareness campaigns in their respective areas.

The following SOPs must be highlighted: -

- Use of boiled water for drinking and cooking.
- Proper hand hygiene practices. Using of Soap and other disinfectants for the hand wash.
- Avoiding close contact with affected individuals.
- Quick Reporting to nearest health facility in case of symptoms.
- Special focus on children.
- Ensure children wash their hands frequently.
- Keep children, elderly people & Persons with comorbidities away from affected individuals.
- Monitor children's health closely for early detection of symptoms.
- Avoid using raw vegetables and salads.
- Fruits should be used only after properly washing them.
- Avoid Street Foods & Junk Foods.
- Remain Hydrated, avoid direct contact with sunlight during peak hours in day.

Please utilize all available channels for awareness, including:

- Miking
- Door-to-door campaigns
- Posters and pamphlets.
- Social media.

Regular updates on the outbreak and SOPs must be shared with the public to prevent misinformation. I expect prompt action in this regard, and


23/7/24

a report on the awareness campaigns conducted must be submitted to this office by the end of the week.

Dr. Mushtaq Ah Rather
Director

Health Services Kashmir.

Dated: 23/07/2024.

No. DHSK/PS/2024/2328-84
Copy to the: -

1. Divisional Commissioner Kashmir for information.
2. Secretary to Govt. Health & Medical Education Department for information.
3. Medical Superintendent JLNK for information & similar n/a.
4. All Chief Medical Officers of KD for information & necessary action.
5. All Medical Superintendents KD for information & necessary action.
6. State Surveillance Officer, IDSP Kashmir for information & necessary action.
7. I/C Media Cell DHSK for information & necessary action.
8. All Block Medical Officers for information & necessary action.
9. PA to DHSK.
10. I/C Website (dhs Kashmir.org)
11. Notice Board